

Ali'iolani Breakfast Menu August 2022

This institution is an Equal Opportunity Provider. Menu is subject to change. All meals include a choice of 1% white or skim milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 French Toast Sticks w/Syrup Apple Chips Pineapple Chunks	2 Breakfast Chicken Patty Steamed Rice Bananas Sliced Peaches	3 Cereal Toast Diced Pears Strawberries	4 Pizza Bagel Mixed Fruit Fruit Juice	5 Pork Sausage Patty Steamed Rice Pineapple Chunks Apple Chips
8 Breakfast Kits Mixed Fruit	9 Portuguese Sausage Steamed Rice Bananas Pineapple Chunks	10 Cereal Toast Strawberries Diced Pears	11 Country Breakfast Scramble Steamed Rice Applesauce Fruit Juice	12 Breakfast Pizza Sliced Peaches Apple Chips
15 Bagel w/Cream Cheese Diced Pears Fruit Juice	16 Country Gravy Pizza Pineapple Chunks Craisins	17 Pork Sausage Patty Steamed Rice Mixed Fruit Fruit Juice	18 Cereal Toast Applesauce Strawberries	19 NO SCHOOL (Statehood Day Holiday)
22 Cheese Stuffed Sticks w/Marinara Sauce Sliced Peaches	23 Belgian Waffles w/Syrup Mixed Fruit Bananas	24 Yogurt with Granola Diced Pears Strawberries	25 Portuguese Sausage Steamed Rice Applesauce Craisins	26 Cinnamon Rolls Pineapple Chunks Apple Chips
29 NO SCHOOL (Professional Development Day)	30 Breakfast Chicken Patty Steamed Rice Bananas Sliced Peaches	31 Cereal Toast Diced Pears Strawberries		

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Rely on breakfast to give you a kick-start of energy so you'll be ready for school.

Ali'iolani Lunch Menu August 2022

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Tasty Tenders Steamed Rice Veggie Sticks & Baby Carrots Edamame Applesauce WG Roll (Adults Only)	2 Chicken Sandwich Emoticon Potatoes Lettuce Leaf & Tomato Slice Edamame Oranges	3 Beef Chili Nachos with Queso Sauce Green Salad Fruit Juice Salsa Cup	4 Beef Patty with Gravy Steamed Rice Steamed Broccoli & Corn Apples WG Roll (Adults Only)	5 Kalua Pork with Cabbage Steamed Rice Lomi Tomato Pineapple Chunks WG Roll (Adults Only)
8 Mac & Cheese Baby Carrots Edamame Sliced Peaches WG Roll (Adults Only)	9 Pepperoni Pizza Veggie Sticks Steamed Corn Oranges	10 Beef Curry Steamed Rice Steamed Corn & Broccoli Sluhsy WG Roll	11 Tuna Sandwich Chicken Noodle Soup Cherry Tomatoes Veggie Sticks Apples	12 Teriyaki Chicken Steamed Rice Steamed Broccoli Baked Beans Apple Chips WG Roll (Adults Only)
15 Cheese Bites Marinara Sauce Cup Veggie Sticks Slushy	16 Creole Mac Green Salad Edamame Applesauce WG Roll	17 Hamburger on Bun Wedge Fries Lettuce Leaf & Tomato Slice Oranges	18 Breaded Chicken Tenders with BBQ Sauce Steamed Rice Steamed Corn & Edamame Peach Slices	19 NO SCHOOL (Statehood Day Holiday)
22 Cheese Pizza Green Ssalad Baby Carrots Apples	23 Fish Sandwich Wedge Fries Veggie Sticks Baked Beans Slushy	24 Spaghetti with Meat Sauce Green Salad Cucumber Slices Steamed Edamame Oranges WG Roll	25 Roast Pork with Gravy Steamed Rice Steamed Broccoli & Carrots Fruit Juice WG Roll (Adults Only)	26 Turkey Ham Sandwich Tater Tots Coleslaw Apple Chips
29 NO SCHOOL (Professional Development Day)	30 Chicken Sandwich Emoticon Potatoes Lettuce Leaf & Tomato Slice Edamame Oranges	31 Beef Chili Nachos with Queso Sauce Green Salad Fruit Juice Salsa Cup		

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