

# Ali'iolani Breakfast Menu February 2023

This institution is an Equal Opportunity Provider. Menu is subject to change. All meals include a choice of 1% white or skim milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Country Gravy Pizza Pineapple Chunks Craisins	2 Pork Sausage Patty Steamed Rice Mixed Fruit Fruit Juice	3 Cereal Toast Applesauce Strawberries
6 Cheese Stuffed Sticks w/Marinara Sauce Sliced Peaches	7 Waffles w/Syrup Mixed Fruit Bananas	8 Cereal Toast Diced Pears Strawberries	9 Portuguese Sausage Steamed Rice Applesauce Craisins	10 Cinnamon Rolls Apple Chips Strawberries
13 French Toast Sticks w/Syrup Pineapple Chunks Apple Chips	14 Chicken Patty Steamed Rice Sliced Peaches Strawberries	15 Cereal Toast Diced Pears Bananas	16 Pizza Bagel Mixed Fruit Fruit Juice	17 NO SCHOOL (Teacher's Institute Day)
20 NO SCHOOL (Presidents' Day)	21 Breakfast Kits Mixed Fruit	22 Country Breakfast Scramble Steamed Rice Applesauce Fruit Juice	23 Breakfast Pizza Apple Chips Strawberries	24 Portuguese Sausage Steamed Rice Pineapple Chunks Bananas
27 Bagel with Cream Cheese Diced Pears Fruit Juice	28 Fruited Muffin Sliced Peaches Bananas			

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*Rely on breakfast to give you a kick-start of energy so you'll be ready for school.*

# Ali'iolani Lunch Menu February 2023

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Creole Macaroni Green Salad Steamed Edamame Diced Pears WG Roll	2 Cheeseburger Wedge Fries Leaf Lettuce & Tomato Slice Oranges	3 Breaded Chicken Tenders with BBQ Sauce Steamed Rice Steamed Corn & Edamame Sliced Peaches
6 Cheese Pizza Green Salad Baby Carrots Apples	7 Fish Sandwich Wedge Fries Veggie Sticks Baked Beans Slushy	8 Spaghetti with Meat Sauce Green Salad Cucumber Slices Steamed Edamame Oranges WG Roll	9 Roast Pork with Gravy Steamed Rice Steamed Broccoli & Carrots Fruit Juice WG Roll (Adults Only)	10 Hot Dog in Bun Tater Tots Coleslaw Apple Chips
13 Tasty Chicken Tenders Steamed Rice Veggie Sticks Steamed Edamame Pineapple Chunks WG Roll (Adults Only)	14 Chicken Sandwich Emoticon Potatoes Lettuce Leaf & Tomato Slice Steamed Edamame Oranges	15 Beef Chili Nachos with Queso Sauce Green Salad Fruit Juice Salsa Cup	16 Beef Patty with Gravy Steamed Rice Steamed Broccoli and Corn WG Roll (Adults Only)	17 NO SCHOOL (Teacher's Institute Day)
20 NO SCHOOL (Presidents' Day)	21 Mac & Cheese Baby Carrots Steamed Edamame Sliced Peaches WG Roll (Adults Only)	22 Pepperoni Pizza Veggie Sticks Steamed Corn Oranges	23 Hamburger Curry Steamed Rice Steamed Corn & Broccoli Slushy WG Roll	24 Tuna Sandwich Chicken Noodle Soup Cherry Tomatoes Veggie Sticks Apples
27 Cheese Bites Marinara Sauce Cup Veggie Sticks Slushy	28 Creole Macaroni Green Salad Steamed Edamame Applesauce WG Roll			

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