



STATE OF HAWAII
DEPARTMENT OF EDUCATION
Ali`iolani Elementary School
1240 7th Avenue
Honolulu, Hawaii 96818

August 2026

Dear Parent/Legal Guardian,

Your child's health and safety are very important to us. To ensure we are keeping our students safe, we will be teaching a sexual violence prevention lessons during the month of September (subject to change). Sexual violence is a serious issue in Hawai'i and across the country that can cause many negative health effects on our youth. Teaching students knowledge and skills that support bodily autonomy (e.g., body awareness and safety, consent, boundaries), recognizing and reporting sexual abuse, and accessible resources (e.g., trusted adults, community resources) contributes to healthy relationships, reduces young people's vulnerability to sexual violence, and connects students to help and resources if sexual violence happens to them.

Our school is using The Sex Abuse Treatment Center's (SATC) sexual abuse prevention curricula which is a locally developed set of K-12 curriculum for sexual abuse prevention, including culturally inclusive tips for educators, characters, and scenarios. The curricula empowers students to assert their personal boundaries and to respect others' boundaries, helps students identify personal resources for support and safety, and emphasizes the importance of being respected in all relationships.

- **My Body is Special (Grades K-2):** Students learn rules to help protect themselves from unsafe situations and touches. They also learn body safety concepts and to tell a trusted grown-up if unsafe touching happens to them.
- **My Body, My Boundaries (Grades 3-5):** Students learn how to recognize and respond to unsafe or sexually abusive behaviors (referred to as unwanted talking, showing, and touching of private parts). They also learn to identify and respect personal boundaries, stay safe from internet predators, trust their intuition, and tell a trusted adult when they feel unsafe.

This curriculum was reviewed for prevention-oriented and developmentally-appropriate content.

Our Counselor, Mrs. Ah Yat, will be teaching 3-4 SVP lessons from K-5 starting in September. Please contact your child's homeroom teacher for the tentative Lesson Schedule.



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SATC'S SEXUAL ABUSE PREVENTION CURRICULA LESSON PATHWAY	
Grade	Required Lessons
K	3 Required Lessons My Body is Special • Lesson 1: My Body Belongs to Me • Lesson 2: I Don't Keep Secrets About Touching • Lesson 3: I Know the Safety Rules and How to Get Help
1	3 Required Lessons My Body is Special • Lesson 1: My Body Belongs to Me • Lesson 2: I Don't Keep Secrets About Touching • Lesson 3: I Know the Safety Rules and How to Get Help
2	3 Required Lessons My Body is Special • Lesson 1: My Body Belongs to Me • Lesson 2: I Don't Keep Secrets About Touching • Lesson 3: I Know the Safety Rules and How to Get Help
3	4 Required Lessons My Body, My Boundaries • Lesson 1: Staying Safe (Younger Version) • Lesson 2: Personal Boundaries and Gut Feelings (Younger Version) • Lesson 3: Tell and Keep Telling (Younger Version) • Lesson 4: Cyber Safety (Younger Version)
4	4 Required Lessons My Body, My Boundaries • Lesson 1: Staying Safe (Younger Version) • Lesson 2: Personal Boundaries and Gut Feelings (Younger Version) • Lesson 3: Tell and Keep Telling (Younger Version) • Lesson 4: Cyber Safety (Younger Version)
5	4 Required Lessons My Body, My Boundaries • Lesson 1: Staying Safe (Older Version) • Lesson 2: Personal Boundaries and Gut Feelings (Older Version) • Lesson 3: Tell and Keep Telling (Older Version) • Lesson 4: Cyber Safety (Older Version)

Parents and legal guardians may preview the materials before the start date of 9/2/2026 . If you are interested in discussing this matter before the start date, please contact Mrs. Ah Yat at 808-730-0712 or email at keilyn.ah_yat@k12.hi.us

If you do not want your child to participate in these lessons, return a signed and dated opt-out form.

If we do not hear from you before the start date, we understand that you have no questions about the curriculum. If we do not receive a signed and dated opt-out form by the start of the sexual violence prevention instruction, we understand that your child has your approval to participate in the lessons.

Should you have any questions, please contact Mrs. Ah Yat at 808-730-0712. Thank you for partnering with us to support the health and safety of Hawai'i's youth.

Sincerely,

Leonard Padayhag
Principal



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Opt-Out Form

Instructions: If you do not want your child to participate in the sexual violence prevention lessons, complete and return this **opt-out form by Thursday, August 20, 2026.**

Student Name: _____ Grade: _____

Parent/Legal Guardian Name: _____ Phone Number: _____

I reviewed the curriculum and materials and would like my child to be excused from the class when these lessons are taught. I understand that my child's grade will not be negatively affected.

Parent/Legal Guardian Signature: _____ Date: _____