

BREAKFAST

Aliiolani Breakfast Menu September 2023

This Institution is an Equal Opportunity Provider. Menu is subject to change. $\frac{1}{2}$ pint milk included with meals.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| | | | | 1 Plain Bagel with Cr. Cheese Mixed Fruit, Apple Chips or Cereal, Toast, Mixed Fruit, Apple Chips |
| 4 NO SCHOOL (Labor Day Holiday) | 5 Portuguese Sausage, Rice Sliced Peaches, Fruit Juice or Yogurt, Granola Sl. Peaches, Fruit Juice | 6 Pizza Bagel Diced Pears, Strawberries or Cereal, Toast Diced Pears, Strawberries | 7 French Toast Sticks Pine Chunks, Apple Chips or Cereal, Toast Pine Chunks, Apple Chips | 8 Pork Patty, Rice Applesauce, Strawberries or Cereal, Toast, Applesauce, Strawberries |
| 11 Plain Bagel w/Cream Cheese Diced Pears, Apple Chips or Cereal, Toast Diced Pears, Apple Chips | 12 Portuguese Sausage, Rice Pine Chunks, Strawberries or Yogurt, Granola Pine Chunks, Strawberries | 13 Country Gravy Pizza Bananas, Fruit Juice or Cereal, Toast Bananas, Fruit Juice | 14 Cheese Breadsticks Marinara Sauce Strawberries or Yogurt, Granola Strawberries, Fruit Juice | 15 Cinnamon Bread Pudding Craisins, Sliced Peaches or Cereal, Toast Craisins, Sliced Peaches |
| 18 NO SCHOOL (Professional Dev. Day) | 19 Portuguese Sausage, Rice Applesauce, Pine Chunks or Yogurt, Granola Applesauce, Pine Chunks | 20 Cheese Breadsticks Marinara Sauce Strawberries or Cereal, Toast Strawberries, Fruit Juice | 21 Belgian Waffles Mixed Fruit, Fruit Juice or Cereal, Toast Mixed Fruit, Fruit Juice | 22 Yogurt, Toast Sliced Peaches, Strawberries or Cereal, Toast Sliced Peaches, Strawberries |
| 25 Plain Bagel with Cream Cheese, Mixed Fruit Apple Chips or Cereal, Toast Mixed Fruit, Apple Chips | 26 Breakfast Chicken Patty Rice, Diced Pears Strawberries or Yogurt, Granola Diced Pears, Strawberries | 27 Breakfast Pizza Pine Chunks, Fruit Juice or Cereal, Toast Pine Chunks, Fruit Juice | 28 Country Breakfast Scramble, Rice, Salsa Cup Bananas or Yogurt, Granola Bananas, Fruit Juice | 29 Cinnamon Rolls Strawberries, Sliced Peaches or Cereal, Toast Strawberries, Sliced Peaches |

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Your School Cafeteria serves up one of the most important meals of the day - BREAKFAST, Come and get it!

LUNCH

Aliiolani Lunch Menu September 2023

This Institution is an Equal Opportunity Provider. Menu is subject to change. All meals include a choice of 1% white or skim milk.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| | | | | 1 Cheese Bites Marinara Dipping Sauce Veggie Sticks Fruit Juice |
| 4 NO SCHOOL (Labor Day Holiday) | 5 Chicken Patty Sandwich Chicken Noodle Soup Emoticon Potatoes Lettuce & Tomato Fruit Juice | 6 Chili Cheese Nachos Green Salad Tomato Wedges Fruit Slushie | 7 Beef Patty with Gravy Steamed Rice Steamed Carrots Baked Beans Orange Wedges WG Roll (Adults Only) | 8 Cheese Pizza Veggie Sticks Steamed Edamame Mixed Fruit |
| 11 Tasty Tenders Steamed Rice Steamed Broccoli Baked Beans Orange Fruit Gel WG Roll (Adults Only) | 12 Cheeseburger On Bun Potato Wedges Lettuce & Tomato Veggie Sticks Apple Wedges | 13 Chicken Potstickers Baby Carrots Veggie Sticks Fruit Juice | 14 Spaghetti with Meat Sauce Green Salad Steamed Corn Sliced Peaches WG Roll (PK-A) | 15 Baked Chicken with Gravy Steamed Rice Steamed Carrots & Edamame Diced Pears WG Roll (Adults Only) |
| 18 NO SCHOOL (Professional Dev. Day) | 19 Fish Sandwich Chips Lettuce & Tomato Veggie Sticks Strawberry Fruit Gel | 20 Hot Dog in Bun Tater Tots Coleslaw Orange Wedges | 21 Pepperoni Pizza Baby Carrots Veggie Sticks Apple Wedges | 22 Three Bean Chili Steamed Rice Steamed Broccoli & Carrots Fruit Slushie WG Roll (Adults Only) |
| 25 Cheese Bites Marinara Dipping Sauce Veggie Sticks Fruit Juice | 26 Chicken Tenders Potato Wedges Baby Carrots Steamed Edamame Strawberry Fruit Gel WG Roll (Adults Only) | 27 Sloppy Joe Sandwich Tater Tots Baked Beans Coleslaw Apple Wedges | 28 Mini Corn Dogs Baby Carrots Veggie Sticks Orange Wedges | 29 Hamburger Curry Steamed Rice Steamed Corn Green Salad Sliced Peaches WG Roll (Adults Only) |
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