

Ali'iolani Breakfast Menu September 2022

This institution is an Equal Opportunity Provider. Menu is subject to change. All meals include a choice of 1% white or skim milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Pizza Bagel Mixed Fruit Fruit Juice	2 Coffee Cake Pork Sausage Patty Strawberries Apple Chips
5 NO SCHOOL (Labor Day)	6 Portuguese Sausage Steamed Rice Fruit Juice Pineapple Chunks	7 Breakfast Kits Bananas	8 Country Breakfast Scramble Steamed Rice Applesauce Fruit Juice	9 Breakfast Pizza Strawberries Apple Chips
12 Bagel w/Cream Cheese Diced Pears Fruit Juice	13 Applesauce Bread Bananas Diced Pears	14 Country Gravy Pizza Pineapple Chunks Craisins	15 Pork Sausage Patty Steamed Rice Mixed Fruit Fruit Juice	16 Cereal Toast Applesauce Strawberries
19 NO SCHOOL (Professional Development Day)	20 Cheese Stick Marinara Sauce Sliced Peaches	21 Belgian Waffles Bananas Mixed Fruit	22 Yogurt with Granola Diced Pears Strawberries	23 Portuguese Sausage Steamed Rice Applesauce Craisins
26 French Toast Sticks w/ Syrup Apple Chips Pineapple Chunks	27 Breakfast Chicken Patty Steamed Rice Strawberries Sliced Peaches	28 Cereal Toast Diced Pears Bananas	29 Pizza Bagel Mixed Fruit Fruit Juice	30 Coffee Cake Pork Sausage Patty Strawberries Apple Chips

This institution is an equal opportunity provider

Rely on breakfast to give you a kick-start of energy so you'll be ready for school.

Ali'iolani Lunch Menu September 2022

This institution is an Equal Opportunity Provider. Menu is subject to change. All meals include a choice of 1% white or skim milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Beef Patty with Gravy Steamed Rice Steamed Broccoli & Corn Apples WG Roll (Adults Only)	2 Kalua Pork with Cabbage Steamed Rice Lomi Tomato Pineapple Chunks WG Roll (Adults Only)
5 NO SCHOOL (Labor Day)	6 Mac & Cheese Baby Carrots Edamame Sliced Peaches WG Roll (Adults Only)	7 Pepperoni Pizza Veggie Sticks Steamed Corn Oranges	8 Hamburger Stew Steamed Rice Steamed Corn & Broccoli Slushy WG Roll	9 Tuna Sandwich Chicken Noodle Soup Cherry Tomatoes Veggie Sticks Apples
12 Cheese Bites Marinara Sauce Cup Veggie Sticks Slushy	13 Creole Mac Green Salad Edamame Applesauce WG Roll	14 Hamburger on Bun Wedge Fries Lettuce Leaf & Tomato Slice Oranges	15 Breaded Chicken Tenders with BBQ Sauce Steamed Rice Steamed Corn & Edamame Peach Slices	16 Roast Turkey with Gravy Whipped Potatoes Zucchini Sticks Steamed Carrots Diced Pears WG Roll
19 NO SCHOOL (Professional Development Day)	20 Cheese Pizza Green Salad Baby Carrots Fruit Juice	21 Fish Sandwich Wedge Fries Veggie Sticks Baked Beans Slushy	22 Spaghetti with Meat Sauce Green Salad Cucumber Slices Steamed Edamame Oranges WG Roll	23 Hot Dog in Bun Tater Tots Coleslaw Apple Chips
26 Tasty Chicken Tenders Steamed Rice Veggie Sticks Edamame Applesauce WG Roll (Adults Only)	27 Chicken Sandwich Emoticon Potatoes Lettuce Leaf & Tomato Slice Edamame Oranges	28 Beef Chili Nachos with Queso Sauce Green Salad Fruit Juice Salsa Cup	29 Beef Patty with Gravy Steamed Rice Steamed Broccoli & Corn Apples WG Roll (Adults Only)	30 Kalua Pork & Cabbage Steamed Rice Lomi Tomato Pineapple Chunks WG Roll (Adults Only)

This institution is an equal opportunity provider