

Ali'iolani Breakfast Menu November 2022

This institution is an Equal Opportunity Provider. Menu is subject to change. All meals include a choice of 1% white or skim milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Portuguese Sausage Steamed Rice Bananas Pineapple Chunks	2 Breakfast Pizza Strawberries Apple Chips	3 Country Breakfast Scramble Steamed Rice Applesauce Fruit Juice	4 Cinnamon Rolls Strawberries Diced Pears
7 Bagel with Cream Cheese Diced Pears Fruit Juice	8 NO SCHOOL (Election Day)	9 Country Gravy Pizza Pineapple Chunks Craisins	10 Cereal Toast Mixed Fruit Strawberries	11 NO SCHOOL (Veteran's Day)
14 Cheese Stuffed Sticks with Marinara Sauce Sliced Peaches	15 Waffles w/Syrup Mixed Fruit Bananas	16 Yogurt with Granola Diced Pears Strawberries	17 Portuguese Sausage Steamed Rice Applesauce Craisins	18 Cinnamon Rolls Apple Chips Strawberries
21 French Toast Sticks w/ Syrup Apple Chips Pineapple Chunks	22 Cereal Toast Diced Pears Bananas	23 Pizza Bagel Mixed Fruit Fruit Juice	24 NO SCHOOL (Thanksgiving Break)	25 NO SCHOOL (Thanksgiving Break)
28 Breakfast Kits Mixed Fruit	29 Portuguese Sausage Steamed Rice Bananas Pineapple Chunks	30 Breakfast Pizza Strawberries Apple Chips		

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Rely on breakfast to give you a kick-start of energy so you'll be ready for school.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Pepperoni Pizza Veggie Sticks Steamed Corn Oranges	2 Hamburger Curry Steamed Rice Steamed Corn & Broccoli Slushy WG Roll	3 Tuna Sandwich Chicken Noodle Soup Cherry Tomatoes Veggie Sticks Apples	4 Baked Chicken w/Gravy Steamed Rice Steamed Broccoli Baked Beans Apple Chips WG Roll (Adults Only)
7 Cheese Bites Marinara Sauce Cup Veggie Sticks Slushy	8 NO SCHOOL (Election Day)	9 Breaded Chicken Tenders with BBQ Sauce Steamed Rice Steamed Corn & Edamame Sliced Peaches	10 Cheeseburger on Bun Wedge Fries Leaf Lettuce & Tomato Slice Oranges	11 NO SCHOOL (Veteran's Day)
14 Cheese Pizza Green Salad Baby Carrots Apples	15 Fish Sandwich Wedge Fries Veggie Sticks Baked Beans Slushy	16 Spaghetti with Meat Sauce Green Salad Cucumber Slices Steamed Edamame Oranges WG Roll	17 Roast Pork with Gravy Steamed Rice Steamed Broccoli & Carrots Fruit Juice WG Roll (Adults Only)	18 Hot Dog in Bun Tater Tots Coleslaw Apple Chips
21 Tasty Chicken Tenders Steamed Rice Veggie Sticks Edamame Applesauce WG Roll (Adults Only)	22 Chicken Sandwich Emoticon Potatoes Lettuce Leaf & Tomato Slice Edamame Oranges	23 Beef Patty with Gravy Steamed Rice Steamed Broccoli & Corn Fruit Juice WG Roll (Adults Only)	24 NO SCHOOL (Thanksgiving Break)	25 NO SCHOOL (Thanksgiving Break)
28 Mac & Cheese Baby Carrots Steamed Edamame Sliced Peaches WG Roll (Adults Only)	29 Pepperoni Pizza Veggie Sticks Steamed Corn Oranges	30 Hamburger Curry Steamed Rice Steamed Corn & Broccoli Slushy WG Roll		

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